42nd Annual University of Iowa Sports Medicine Symposium
Hyatt Regency Coralville Hotel & Conference Center
December 10-11, 2026

AGENDA
Thursday, December 10, 2026

START	SESSION A	FACULTY
7:55	Opening Remarks	Brian Wolf, MD, MS
8:00	**The Hip**	Tyler Johnston, PT, DPT, SCS
	Extraction of the dislocated hip patient from the field	Johnnie James, MS ATC LAT
	The evidence for hip arthroscopy	Robbie Westermann, MD
	From Protection to Performance: Postoperative Hip Rehabilitation	Amanda Paulson, PT, OCS
	My approach to rehab of the post op hip	Ashley Campbell, PT, DPT, SCS
	Anterior Hip Tightness - Unexpected Complication or Typical Post-op Symptom?	Tyler Johnston, PT, DPT, SCS
	Psychological Distress in Young Adult Hip Patients: What We've Learned	Nick Bender, MS, LAT, ATC
	What I Do Differently Now Than When I Started My Career	Ashley Campbell, PT, DPT, SCS
	YAH: The UI Experience....so far	Mike Willey, MD
	What are the Next Big Questions for Care of the YAH?	Jess Goetz, PhD
	Questions?	
10:05	**BREAK**	

START	SESSION B	FACULTY
10:20	**Leg Pain with Running**	Tyler Slayman, MD
	Running Sucks: Sorting Normal Aches from Pathologic Pains	Tyler Slayman, MD
	Compartment Pressure Testing – Practical	Billy Saul
	Surgical Management of Runner's Leg Pains	Michael Rocca, MD
	Imaging Workup of Bone Stress Injury	Tim Thomsen, MD
	Management of Bony Stress Injury	Lisa Woodroffe, MD
	Managing Bone Health Across the Lifespan	Lori Fitton, PhD, APRN, CNP, CCD
	Loading for Optimal Bone Health	Barb Van Gorp, PT, DPT, OCS, CSCS
	Questions	
12:00	**LUNCH**	

START	SESSION C	FACULTY
12:45	**Advances in Tendinopathy**	Britt Marcussen, MD
	Pt Education as Treatment	Ruth Chimenti, DPT
	Is There a Quick Fix? Bracing and Taping.	Shannon Miers, MS, PT, ATC, PCS, SCS
	Progressive Tendon Loading	Barb Van Gorp, PT, DPT, OCS, CSCS
	Shockwave. The Evidence	Tyler Slayman, MD
	Surgical Debridement	Matt Bollier, MD
	Minimally Invasive Procedures (USGT)	Mederic Hall, MD
	Cases	
	Perspectives: What I've Learned Serving as a Team Physician	Volker Musahl, MD
2:30	**BREAK**	

START	SESSION D	FACULTY
2:40	**2026 The Sports Landscape**	Mederic Hall, MD
	Tracking Injury, Improving Health and Safety: Insights from the NCAA Injury Surveillance Program	Deena Casiero, MD
	The Portal is Open: Medical Management of the Transferring Student Athlete	Andrew Peterson, MD
	Mental Health in NCAA Basketball: A Prospective Study	Madeline Block
	Mental Health in College Athletics: Current Research and Future Directions	Deena Casiero, MD
	Working 9-5: The Evolution of the AT Career Path	Megan Lundstrom, EdD, LAT, ATC
	Resources and Strategies for a Sustainable Athletic Training Workforce	Deena Casiero, MD
	Providing Athletic Training Services to the Community; Outreach Models and Staffing	Michael Donahue, M.ED., ATC, LAT
	Perspectives: Is This REALLY What I Signed Up For?	Sasha Boros
	Questions/ Discussion	
5:20	**ADJOURN**	

AGENDA
Friday, December 11, 2026

START	SESSION E	FACULTY
7:55	Opening Remarks	Mike Shaffer, PT, MS, ATC, OCS
	Shoulder Instability	Matt Bollier, MD
	Traumatic Disloc – Demographics, Reduction	Terese Whipple, MD
	The 5 Ws of Recurrent Instability	Michelle Connell, DPT ATC
	When Soft Tissue Repair isn't Enough/ Beware the Latarjet	Joe Galvin, DO
	My Algorithm for the MDI Patient	Brian Wolf, MD, MS
	Don't Sully the Sully. Evidence for Use of Braces	Mike Shaffer, PT, MS, ATC, OCS
	Decoding the Shoulder: Integrating Genomics, Proteomics, and Transcriptomics in Shoulder Instability and Rotator Cuff Tears	Joe Galvin, DO
	Questions	
	Perspectives: I've seen it all, musings from a PT, ATC, Patient, Small Business owner.	Jim Hoegh, MS, PT
9:45	**BREAK**	

START	SESSION F	FACULTY
10:00	**The ACL.**	Barry McDonough, MD
	Miror, Mirror... Have ACL Outcomes Improved? Thinking Outside the Box to Future Possibilities	Barry McDonough, MD
	ACLR Surgery Demonstration	Brian Wolf, MD, MS; Volker Musahl, MD
	My Approach to ACLR Revision	Volker Musahl, MD
	Updates from MOON/ MARS Registries (10 year data)	Brian Wolf, MD, MS
	ACL+ MR. How Does Surgery on One Affect the Other?	Michael Rocca, MD
	Questions	
	Perspectives: An Athlete's View	Kylie Feuerbach
	Final Remarks	
11:50	**ADJOURN**	

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